

Postoperative Guide

Light
Adjustable
Lens™



The background of the page is white, decorated with numerous purple rounded rectangles and circles of varying sizes and orientations, scattered across the entire area.

Congratulations!
You've chosen the
Light Adjustable Lens™
(LAL®)—an innovation in
cataract surgery that puts you
in control of your vision.

With the Light Adjustable Lens, you're in control. Preview your vision after surgery, fine-tune it to match your lifestyle and achieve results with confidence. This guide will help you navigate your journey to personalised vision.



PHASE 1

**Postoperative
healing**



PHASE 2

**Vision
customisation**



PHASE 3

Lock-in

PHASE 1

Postoperative healing

It's normal for vision to be blurry or hazy for a few days while your eye heals, and the dilation drops wear off. You may also feel mild irritation, which is part of the healing process.

Healing takes time, but in the weeks ahead, your vision will improve. You'll soon be able to experience your vision first-hand, and assess it with your goals in mind.

If you want to refine your vision further, you're all set – you chose the Light Adjustable Lens, so adjustments are still ahead!

Appointment overview

Pre-adjustment appointments check your vision and healing, usually without needing dilation. Your eye's prescription may also be measured for future comparison. Once your vision stabilises, we'll begin conversations about adjusting the lens to meet your vision goals.

Recovery

A smooth recovery starts with proper care. These items will aid healing and protect your eyes. Follow the guidance of your eye care team for optimal recovery.

RxSight®

UV-protective glasses

Your lens includes built-in UV protection and you'll receive UV-protective glasses for extra protection immediately after surgery. Wear the glasses as instructed and contact your eye care team if you need help adjusting them.



Eye drops

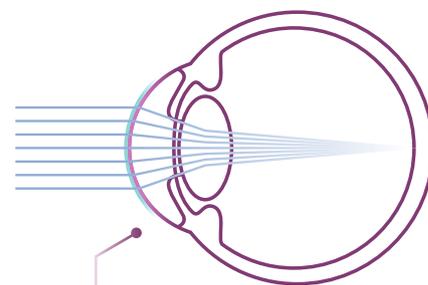
After any type of eye surgery, swelling and inflammation are a natural part of the healing process. The eye and your vision need time to recover. It's important to follow your ophthalmologist's drop instructions (if prescribed) for optimal healing.

Prescription drops prevent infection and promote healing. The exact regimen is set by your ophthalmologist; check with the clinic for specific instructions.

Artificial tears may be recommended to maintain a healthy eye surface. Consult your eye care team for recommended brands or therapies.

Dry eye can impact the accuracy of measurements and may need to be controlled before treatment. At your next scheduled visit, let your eye care team know if you're experiencing:

- Fluctuating vision that clears with blinking or drops
- Shadowing of vision
- Sensation of something in the eye
- Irritation
- Redness
- Watery eyes



A healthy tear layer and smooth front surface of the eye are key to clear vision

PHASE 2

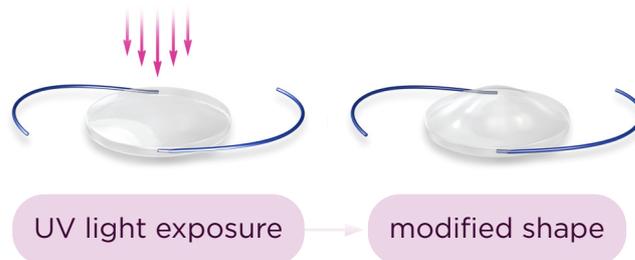
Vision customisation

It's time to customise your vision! You and your ophthalmologist will evaluate how your eyes are healing and how closely your vision aligns with your goals. Your feedback will influence any adjustments needed to meet your vision goals.

Achieving your ideal vision is a shared process that may involve some adjustments until the right balance is found. Personalising your vision may mean blending priorities for the result that suits your lifestyle.

How the Light Adjustable Lens works

The Light Adjustable Lens has special light-sensitive molecules that allow it to be adjusted after surgery. With a quick, gentle treatment, a controlled beam of UV light from the Light Delivery Device™ (LDD™) is used to customise the lens shape and power, which determines how your eye focuses.



Light treatment schedule

UV light treatments will be performed at your ophthalmologist's clinic after your eye has healed. Your eye care team will determine when your eye is ready for the first treatment. This is typically three weeks, at a minimum. If you need more time before the next adjustment or lock-in, consult your eye care team.

Depending on your desired visual outcome, you may have 1-3 light treatments, followed by two "lock-in" treatments to prevent further changes.

Light Delivery Device appointment overview

Before the appointment:

- Use all drops as prescribed
- Arrange a lift for after your appointment

During the appointment you will:

- Discuss your daily routine and vision goals
- Check your vision using the eye chart
- Have your eyes' prescriptions verified
- Get an eye health evaluation
- Have your eyes dilated - this may require a few sets of drops



Initial Light Treatment

Additional Light Treatments
(as desired)

Lock-In Treatments
(two required)

Navigating the LDD treatment

Treatment preparation



Numbing drops will be applied, and the untreated eye will be patched to help the treated eye focus on the procedure.



A gel will be placed on a contact lens. The ophthalmologist will hold it up to your numbed eye.



You will be comfortably positioned at the LDD with adjustments to the chair, table or chin rest. Hold on to the table's handles to keep steady during treatment.



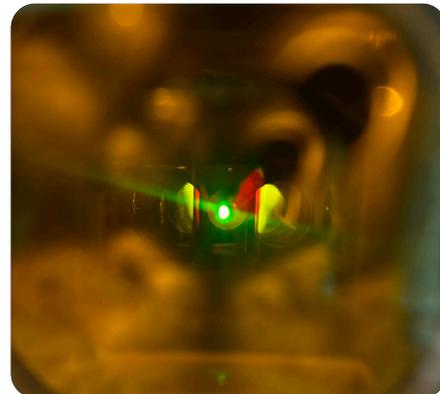
Treatment delivery



The team will confirm your treatment information in the LDD and position the contact lens on your numbed eye, where you may feel cool gel and light pressure.



On average, the LDD treatment lasts around 90 seconds. You will experience two lights: a bright light and a blinking light. Focus on the blinking light. As the treatment begins, you will experience the bright light while the blinking light may seem to fade at times. Breathe calmly through your nose - your treatment team has everything under control. They are maintaining your alignment. Occasionally, you will hear a countdown beep.



Treatment completion

Upon completion, the contact lens is removed and your treatment team will advise you to sit back. Please use caution as your vision may be blurry immediately afterwards from the gel and dilation. It can take a few days for the treatment to take full effect.

After the LDD treatment, resume activities as you feel comfortable and track your vision to discuss with your eye care team during your next visit.

Tips for assessing your vision

Keep using your drops

Be sure to continue your prescription eye drops to achieve the best results.

Test vision with both eyes open

Check how your vision works together with both eyes open. Try not to compare your two eyes as they are intended to work together as a unit.

Assess in real-life situations

Note your vision at work and home, and consider your everyday needs. Make sure to try your favourite hobbies.

Test in different environments

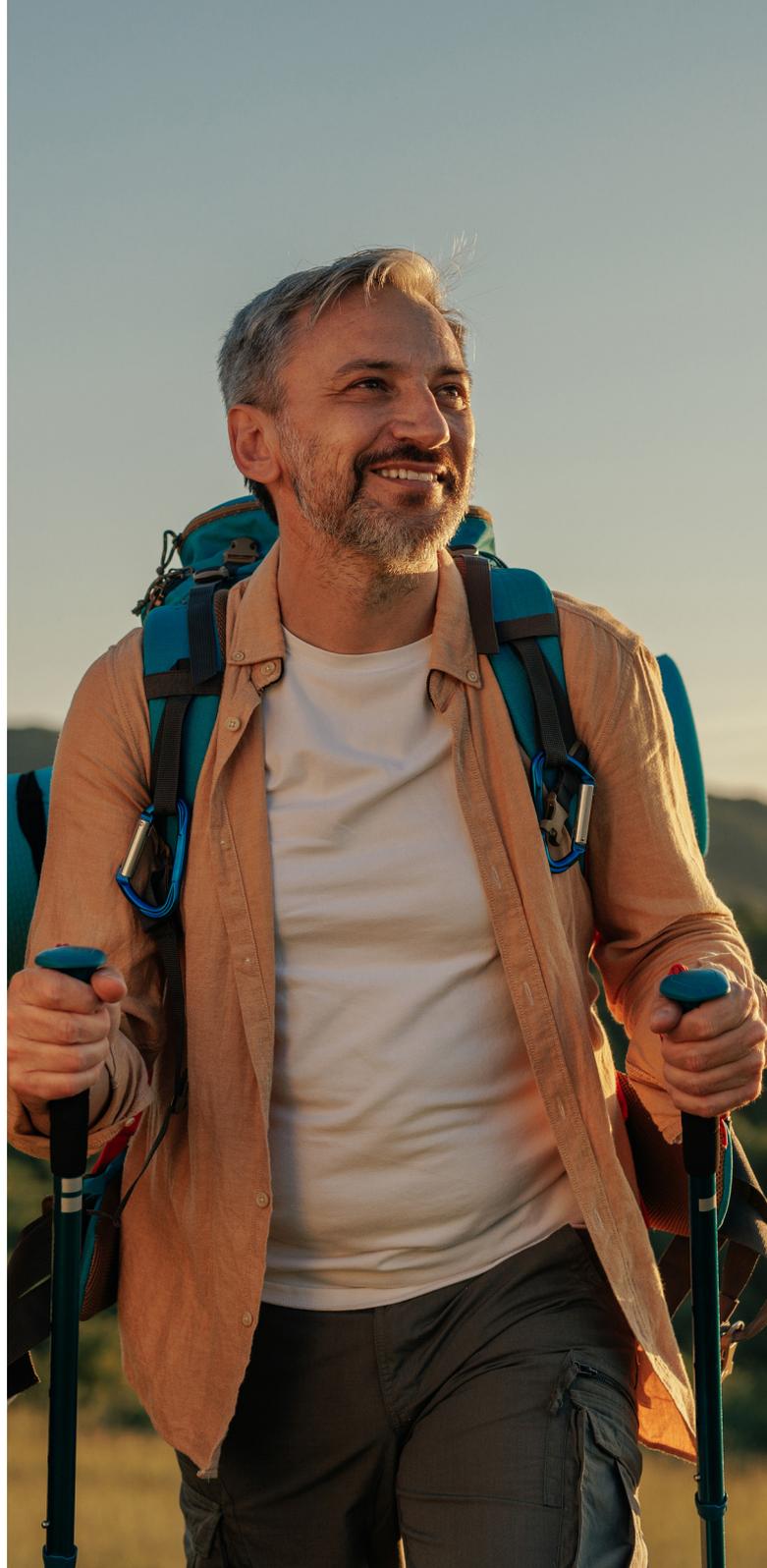
Try your vision in different lighting and at various distances.

Take notes

Write down any changes or concerns to discuss with your eye care team.

Be patient

It may take a few visits to reach your vision goals. *Remember, your new lenses are different from your natural lenses, and it will take time to find comfort in your new visual system.*



PHASE 3

Lock-in

Your journey with the Light Adjustable Lens has reached an exciting milestone: locking in your customised vision!

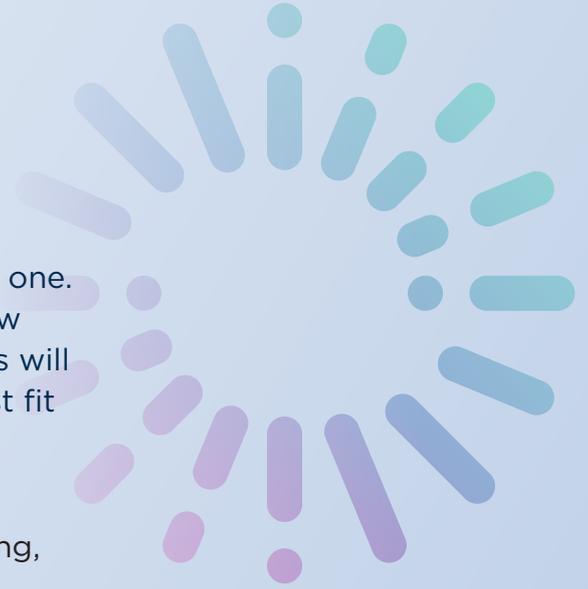
Once your vision matches your lifestyle, two lock-in treatments will permanently secure your results using the same process as the adjustments. The lock-in treatments may appear brighter than your previous light treatments. Your vision may need some time to stabilise after the lock-in treatments. You may notice a red or pink hue after a lock-in treatment. This is not uncommon and generally fades in a few days. Continue to follow your eye care team's instructions, including drops as prescribed.

You can remove your RxSight UV-protective glasses 24 hours after your last lock-in treatment.

Congratulations - enjoy your new vision!



Your vision, your way



Pre-adjustment activity guide

Before each light treatment appointment, think about your daily activities and how your vision feels for each one. List your most important visual activities, then rate how satisfied you are with your vision using the emojis. This will help your ophthalmologist fine-tune your vision to best fit your lifestyle!

How to use this guide:

- Write down activities that matter to you (e.g. reading, driving, using a computer).
- Rate how well you see for each activity using the emojis.
- Bring this sheet to your adjustment appointment.

Consider your vision since your last visit.

Today's date: _____

| Activity (What do you want to see clearly?) | Current vision rating (How well can you see now?) | | | | |
|---|--|---|---|---|---|
| Example: Driving |  |  |  |  |  |
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Have you experienced any of the following?

- Watery eyes Irritated eyes Fluctuation of vision

Consider your vision since your last visit.

Today's date: _____

Activity

(What do you want to see clearly?)

Current vision rating

(How well can you see now?)

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